



**GOVERNMENT COLLEGE OF EDUCATION
SECTOR 20-D, CHANDIGARH
NAAC ACCREDITED GRADE 'A'**



**3rd Cycle
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E-copies of the outer jacket/contents page of the books, chapters and papers published along with ISBN number in national/international conference proceedings

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NEW EDUCATION POLICY

INITIATIVES & IMPLICATIONS

Chief Editor: Dr. (Mrs.) Harsh Batra

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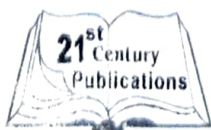
New Education Policy: Initiatives and Implications

Chief Editor

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Curriculum Reforms in Integrated Teacher Education

Issues and Challenges

Chief Editor : Dr. (Mrs.) Harsh Batra

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Curriculum Reforms in Integrated Teacher Education Issues and Challenges

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INTEGRAL EDUCATION FOR QUALITY TEACHING

On the Occasion of Azadi Ka Mahotsav & 150th Birth Anniversary of Sri Aurobindo

Chief Editor:

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Attention Deficit Hyperactivity Disorder (ADHD) is a neurological condition that involves problems with inattention and hyperactivity-impulsivity that are developmentally inconsistent with the age of the child. Usually medicines are used to deal with ADHD disorder, but these medicines have varied side effects. Therefore, the investigator felt that there is an essential need for exploring safer and more convenient alternatives, which could be of more use to teachers, parents and children in the Indian setting. The present study has been designed to see the effect of Educational Intervention on Attention and Impulsivity of students with ADHD.

Dr. Samriti Mona and Dr Sapna Nanda are working as Associate Professors in Teacher Education Colleges. They have done their Master & Doctoral degree from Panjab University Chandigarh India. They have presented numerous research articles in various national and international conferences with special focus on ADHD.



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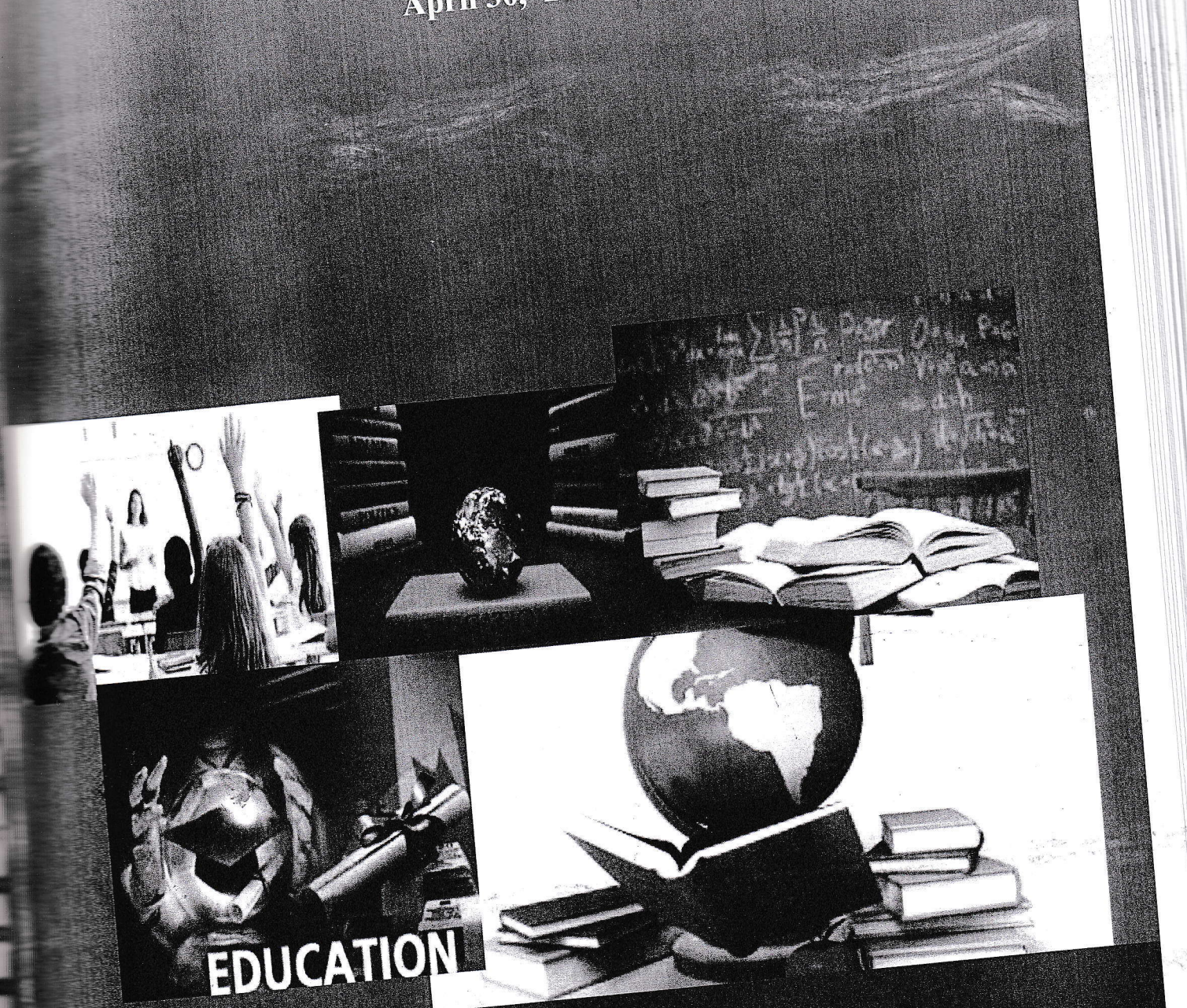
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Quality Enhancement and Sustenance in Teacher Education

Trends, Challenges and a Way Ahead

April 30, 2021



Editor: Dr. Harjeet Kaur Sra

Co-Editor: Dr. Kusum Lata

Value Education in The BHAGAVAD GITA

The book is a culmination of research work carried out by the author at Panjab University and highlights the value education methodology as indicated in the Song Celestial, the Bhagavad Gita. The author has tried to situate value education in philosophic as well as socio-psychological contexts in the overall perspective of teachings of the Bhagavad Gita and has shown how the various verses of this wonderful classic on Human Excellence show the royal road to character excellence and work-efficiency amidst our daily living. A useful reference for teachers, policy makers and researchers, this book will prove useful to almost everyone concerned with education for life as well as education for livelihood.



The author, Dr. Sheojee Singh, a passionate teacher-educator presently at Govt. College of Education, Chandigarh since Jan.2003, is a man of seasoned experiences in the field of education. Having handled multifarious responsibilities at various levels of education for the last more than 17 years, he has a keen interest in significant contemporary educational issues. Having presented his thought provoking views in more than 50 national/ international conferences/ seminars and contributed around 25 papers in journals of repute so far, he prefers to work in the field of science education, teacher education and human excellence. Having deep interest in the ideas of Swami Vivekananda, Sri Aurobindo, Swami Sharanananda and J.Krishnamurti, he holds the view that the future of human race lies in the hands of individuals and societies committed to work efficiency and character excellence, for which the Bhagavad Gita is a wonderful working manual. This message of excellence needs to be imbibed by the youth everywhere for restoring the glory of humanity on this beautiful planet.



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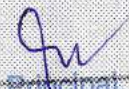
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FOREWORD



The world had set out to achieve the SDG 4 quality education for all by 2030 and then the pandemic happened. Much before this, UN reports indicated that the efforts were not sufficient to achieve SDG 4. It has been said that innovative teaching methods and techniques are required for quality Education and to enhance learning outcomes. Teaching assisted by technology seemed to offer a way to reach out to more students and fulfill the educational aspirations of diverse group of learners. Teaching and learning invariably integrated with technology with the invent of web 2.0. Online teaching was optimized with the help of Massive Online Open Courses e.g. MOOCs. Still, students mostly preferred to get formal education in a regular classroom setting and teachers were slowly integrating technology to enhance the classroom experience. Hybrid teaching and flipped classroom have come to stay in the Educational system even though there is a paucity of resources for fully digital learning.

In order to enhance digital education in the country, the government of India has encouraged in service training for teachers to use ICT and integrate online courses in their curriculum. Digital literacy has become a buzzword for futuristic education. It encompasses broad based knowledge of various digital tools along with a discrimination to sift through the large quantum of information available online.

All this has been forced into the fast forward made by COVID 19 pandemic which forced nations to go into lockdown and consequently the educational institutions stand closed to contain the spread of the deadly virus. In this situation, being concerned about the well being of their students, the teachers found ways to connect with their students through their own personal devices like mobile phones and computers. There has been uncertainty about reopening educational institutions and to prevent academic loss to students, teachers became frontline warriors to engage with

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Emerging Research and Opportunities



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About the College

Govt. College of Yoga Education & Health is a unique institute catering to the physical, psychological and spiritual health needs of the General Public as well as excelling in the field of academics. The Government Yoga Health Organization was established by the Chandigarh Administration in 1962 to promote health and yoga awareness among the residents of the city beautiful. In July 1976, one year Diploma course in Yoga Education was initiated here. In the year 1982, the institute has started one year degree course i.e. B.Ed. (Yoga) affiliated to Panjab University, Chandigarh. The landmark decision of the Chandigarh Administration in the session 2008-09 upgraded this institute as an independent college. The Post Graduate Diploma in Yoga Therapy was also introduced in the college in 2007 under the innovative programme of University Grants Commission and duly affiliated to Panjab University, Chandigarh. Further Basic Certificate Course in Yoga Education was also introduced. At present, the college is conducting 10 Yoga Sessions for the General Public in the college premises, inculcating holistic health through Yoga. In addition, the college has a separate Yoga therapy Department focusing on aiding various lifestyle diseases. A feather in the camp was added in the achievements of GCYEH with the opening of 46 centers under AYUSH Department under which yoga classes are being conducted free of cost for the General Public at various Health and Wellness Centres/Government Schools of the city beautiful.

After the announcement of 21st June as the International Day of Yoga in 2015, the day has become another festival for the Yoga aspirants all over the world. Since its inception, this remarkable day is being celebrated every year worldwide with great zeal and enthusiasm. This college, an integral part of Chandigarh Administration is all set to contribute towards the success of this important Day by organizing several activities to create awareness among the residents of the city beautiful about the importance of Yoga- the ancient tradition of India for the achievements of holistic health and general well-being.

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*Life is a beautiful tragedy
Meant for the ones who are ready to fight
But there are only few who dare to go through darkness
In the hope of light and still survive*

Dr. Rajni Thakur is dedicated and passionate Lecturer at an eminent educational college in Chandigarh. She is hard core feminist ironically a sensitive girl deep inside. She is confident, sophisticated in personality and a fluent speaker. As a teacher she aspires to reach every human being to its In thirst of self realization. She believes that every human being has his/ her own journey of self realization we need to just channelize their energies and mindsets towards it. One should help but not hinder the path of development of the individual through the choosen path by God. Because God's plans are always the best.

This book is compilation of the poems written by her during pursuing education. An expression of what she felt inside as child when she went through the tragedies of life whether small or big. Her childhood has been a turmoil of experiences of neglect, low academic performance and low self esteem. But gradually she has grown into an individual of high self esteem and confidence and wants to share the same with the world through this book.



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RISING PHEONIX

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Evaluation and Management of High-Risk Pregnancies

Emerging Research and Opportunities

Complications during and after pregnancy and birth result in hundreds of thousands of deaths each year and can lead to lifelong health problems. Even with these complications, however, early detection and prenatal care can further reduce risk to the mother and baby. However, inadequate medical services, shortage of medical resources, and lack of or misinformation can hinder a woman's ability to successfully manage her pregnancy. This not only affects the health of the people immediately concerned and their families, but also has implications for global stability and the balance between population and resources.

Evaluation and Management of High-Risk Pregnancies: Emerging Research and Opportunities is a pivotal reference source that provides vital research on safeguarding mothers and babies through the availability of medical knowledge, cost-effective interventions, and the availability of widespread obstetric services. While highlighting topics such as labor complications, maternal mortality, and reproductive health, this publication explores exposure to sexually transmitted diseases as well as the methods of physical and mental healthcare. This book is ideally designed for obstetricians, gynecologists, world health organizations, policymakers, hospitals, health professionals, reproduction researchers, and physicians.

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SKILL EDUCATION
(Subject Code 841)



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For B.Ed./B.A., B.Ed. Students of
Various Indian Universities

About the Book

This textbook 'Pedagogy of Social sciences' is written for the B.Ed (Two years and integrated course) students of the different Indian universities opting Social sciences as their teaching subject. This book is also recommended to the Social sciences school teachers and teacher educators. The book covers the recently revised and prescribed B.Ed. syllabus of the teaching subject 'Pedagogy of Social sciences' of different universities of the country and also highlight about the emerging trends in the social sciences teaching. The book includes the topics like Genesis of the Social sciences as a school subject, approaches of writing behavioural objectives in Social sciences, Andrew Churches Digital Bloom's Taxonomy (2007), pedagogical approaches, current trends in Social sciences teaching- learning, instructional methods, techniques, Flipped classroom Approach, Self Organised Learning Environments (SOLE), e-learning, National Programme on Technology Enhanced learning, Virtual Learning Environment, e-pathshala, teaching learning material, and planning social sciences teaching and learning etc. This book focuses upon developing the deep social sciences understanding along with highlighting the current social sciences pedagogical trends for improving the Social sciences teaching skills of the pupil teachers.

About the Author

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ਸਮਾਜਿਕ ਵਿਗਿਆਨ ਦਾ ਅਧਿਆਪਨ

PEDAGOGY OF SOCIAL SCIENCES

VOLUME-I

ਅਨੁਰਾਗ ਸਾਂਖਿਆਨ

KALYANI

ਸਮਾਜਿਕ ਵਿਗਿਆਨ ਦਾ ਅਧਿਆਪਨ (PEDAGOGY OF SOCIAL SCIENCES)

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National Education Policy:

The New Era of Teacher Education

Chief Editor : Dr. Pawan Kumar

Editors : Dr. Shilpy Arora • Mrs. Alka Sharma



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About the Chief Editor



Dr. Pawan Kumar, Principal, A.S. College of Education, Kalal-Majra, Khanna has a 22 years of teaching experience, out of which 5 years is an administrative experience.

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About the Editors



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PEDAGOGY OF
**SOCIAL
SCIENCE**

Volume-I

Anurag Sankhian

KALYANI

PEDAGOGY OF SOCIAL SCIENCE

VOLUME – I

*(For B.Ed. 1st Semester students of the Guru Nanak Dev University, Amritsar
and also useful for B.Ed. course students of other universities)*

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About the Book

This textbook 'Pedagogy of Social Science - Volume I' is written specifically for the B.Ed. First Semester Students of the Guru Nanak Dev University, Amritsar and is also useful for the students of other Indian universities opting Social science as their teaching subject. This book will also prove beneficial to the Social sciences school teachers and teacher educators. The book covers the prescribed B.Ed. first semester syllabus of the teaching subject 'Pedagogy of Social science' of the Guru Nanak Dev University, Amritsar. The book includes the topics like Historical background of social science, Difference between Social studies and Social science, Values of teaching Social science, National Education Policy 2020 recommendations, Pedagogical practices and Approaches including Interdisciplinary approach, Experiential approach, Co-operative Learning and Constructivist approach etc. The author expects that this book will aid the social sciences pupil teachers, school teachers and teacher educators.

About the Author

Dr. ANURAG SANKHIAN, Associate Professor, M.A. (Geography), M.Phil. (Goldmedalist), M.Ed., PGDDE, CIG, Ph.D. has been working in Government College of Education, Sector 20D, Chandigarh since 2003. He is having teaching experience of twenty years at secondary, senior secondary, undergraduate, postgraduate and doctorate levels. He is recipient of National Merit Scholarship and Junior Research Fellowship (JRF) from Government of India and University Grants Commission, New Delhi. He has attended good number of International/ National conferences, Seminars and Workshops. His research papers have been published in various reputed national and international journals, edited books, and conference proceedings. He is also supervising the research work of the Ph.D. students in Education and Geography. He has been a member of the various academic bodies, namely Added Member of the faculty of Education, Panjab University, Chandigarh, Member Inspection committee, Education colleges affiliated to the Panjab University, Chandigarh, Life member of the National Association of Geographers, India (NAGI), General Secretary of the Chandigarh Government Colleges Teacher Association (CGCTA) and Chairperson of the focus group of State Curriculum Framework (SCF), Chandigarh (U.T.).



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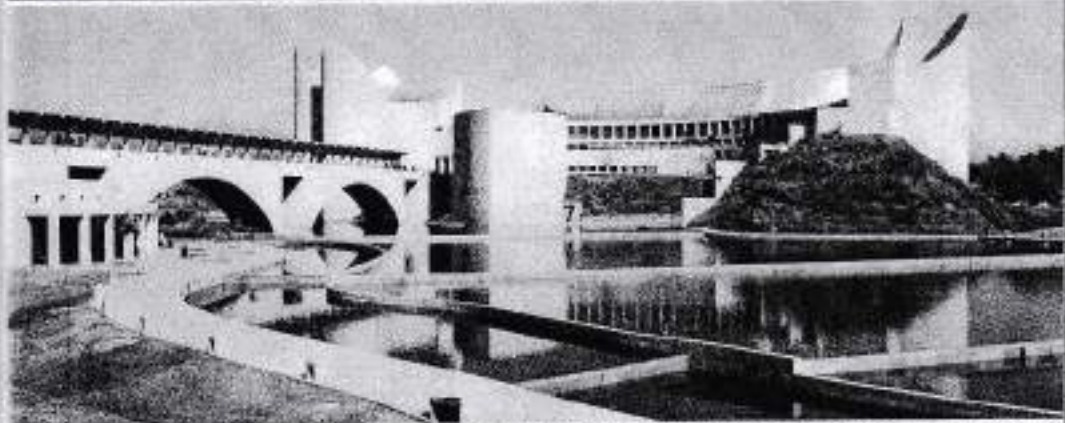
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ਆਦਿ ਜੁਗਾਦਿ ਪੁਆਧ

(ਪਰਾਗਾ ਚੌਥਾ)

ਖੋਜ ਪੁਸਤਕ

ਸੰਪਾਦਕ : ਮਨਮੋਹਨ ਸਿੰਘ ਦਾਉਂ



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ਸਿਆਣਿਆਂ ਦਾ ਕਥਨ ਹੈ ਕਿ ਜੀਵਨ ਇੱਕ ਖੋਜ ਹੈ। ਗੁਰਬਾਣੀ ਅਨੁਸਾਰ ਵੀ “ਖੋਜਿਤ ਭਈ ਬੈਰਾਗਿਣ ॥” ਅਰਥਾਤ ਖੋਜਾਂ ਖੋਜਦਾ ਇਨਸਾਨ ਅੰਤ ਵਿਚ ਉਸ ਅਨੰਨਤਾ ਦਾ ਅੰਗ ਬਣ ਜਾਂਦਾ ਹੈ ਜਿਸ ਨੂੰ ਮਹਾਂਪੁਰਖ ਅਕਾਲਪੁਰਖ ਦੀ ਸਿੰਗਿਆ ਦਿੰਦੇ ਹਨ।

ਖੋਜੀ ਰੁਚੀਆਂ ਵਾਲੇ ਮਨੁੱਖ ਦਾ ਸੁਭਾਅ ਲੀਹ ਤੋਂ ਹਟਵਾਂ ਹੁੰਦਾ ਹੈ। ਉਹ ਆਪਣੀ ਖੋਜੀ ਬਿਰਤੀ ਤੇ ਤੀਖਣ ਦਿੱਬ-ਦ੍ਰਿਸ਼ਟੀ ਦੀ ਸੋਝੀ ਅਨੁਸਾਰ ਸਮਾਜਿਕ ਵਰਤਾਰਿਆਂ ਦੀਆਂ ਅਜਿਹੀਆਂ ਪਰਤਾਂ ਲੱਭ ਲੈਂਦਾ ਹੈ ਜਿਹੜੀਆਂ ਆਮ ਖੋਦੇ ਦੀ ਸੋਝੀ ਦੇ ਘੇਰੇ ਤੋਂ ਸਦਾ ਬਾਹਰ ਹੀ ਰਹਿੰਦੀਆਂ। ਅਜਿਹੀਆਂ ਲੱਭਤਾਂ ਹੀ ਸਮਾਜਿਕ ਵਿਕਾਸ ਲਈ ਬੇਹਦ ਲਾਹੇਵੰਦ ਹੁੰਦੀਆਂ ਹਨ।

ਆਪਣੀ ਅਣਥੱਕ ਖੋਜੀ ਤੇ ਨਵੀਂ ਨਿਵੇਕਲੀ ਸਾਹਿਤਕ ਤੇ ਸਭਿਆਚਾਰਕ ਸੋਝੀ ਦਾ ਪ੍ਰਤੱਖ ਪ੍ਰਮਾਣ ਸ. ਮਨਮੋਹਨ ਸਿੰਘ ਦਾਉਂ ਦੀ ਹਥਲੀ ਪੁਸਤਕ ‘ਆਦਿ ਜੁਗਾਦਿ ਪੁਆਧ’ (ਪਰਾਗਾ ਚੌਥਾ ਖੋਜ ਪੁਸਤਕ) ਹੈ ਜਿਸ ਨੇ ਪੁਆਧ ਨੂੰ ਪੁਨਰ ਸੁਰਜੀਤ ਕਰ ਵਿਖਾਇਆ ਹੈ। ਇਸ ਤੋਂ ਪਹਿਲਾਂ ‘ਪੁਆਧ ਦਰਪਣ’ (2006), ‘ਧਰਤ ਪੁਆਧ’ (2016), ‘ਪੁਆਧ ਕੀਆਂ ਭਲਕਾਂ’ (2021) ਅਤੇ ‘ਚੰਡੀਗੜ੍ਹ ਲੋਪ ਕੀਤੇ ਪੁਆਧੀ ਪਿੰਡ’ (2016) ਪੁਸਤਕਾਂ ਨਿਰਾਇਤ ਪੜ੍ਹਨਯੋਗ ਹਨ।

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ਡਾ. ਨਿਰਮਲ ਸਿੰਘ

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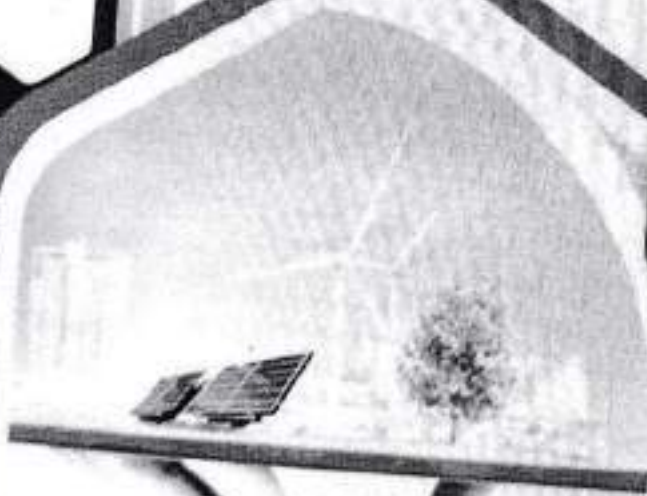


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This book concentrates on the idea that education should not only focus on obtaining knowledge and skills but also on cultivating the full person. The author suggests that education should aim to help individuals grow as human beings, rather than simply preparing them for a specific job or vocation. To attain this purpose, the book provides a human perspective on education, which emphasizes the importance of character formation, the growth of virtue, and the quest of wisdom. The author further suggest that education should help students build a love of truth, beauty, and kindness, as well as a feeling of meaning and purpose in life. The book gives practical suggestions for how educators might apply this vision of education in their classrooms, including strategies for cultivating intellectual curiosity, creating student engagement with the subject matter, and developing a sense of community and belonging. Overall, "Education for the Human Good" offers a compelling vision of education that aspires to help students become humans and lead fulfilling lives.





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Government College of Education, previously known as Government Post-Graduate Basic Training College, was founded in August 1954 under a special scheme of Government of India for establishment of training colleges for teachers at the post-graduate level. The College has the remarkable tradition of high achievements in the field of teacher education and ranks among the leading colleges of education in the country. It has highly qualified (100% doctorate) and competent faculty and draws the best students from across the country, especially the northern region for its teacher education programs.

The National Assessment & Accreditation Council (NAAC) had accredited Grade 'A' to this college. The National Council for Teacher Education has sanctioned two units of B.Ed. (50 seats each) and one unit of M.Ed. (50 seats), both two years courses, and a Post Graduate Diploma in Guidance and Counselling (PGDGC) with the intake capacity of 20 seats. The College also runs 06 months Pre-Ph.D. course work for research students in the discipline of Education as a recognised Research Centre of Panjab University, Chandigarh.

The college has spacious campus with well-maintained lawns, playgrounds and separate hostels for boys and girls. It has one of the most resourceful libraries in education in general, and Teacher Education in particular in the northern part of India. It provides excellent library facilities to its students and faculty.

A number of dimensions have been added to the teacher training program so as to make it as comprehensive as possible, in light of contemporary changes. The syllabus prescribed by the Panjab University, Chandigarh is enriched by seminars, workshops, community activities, educational tours and numerous modes of other practical work including value-added blended mode courses as per the guidelines of NEP-2020. The institution is forging ahead in the future with its missionary zeal of preparing visionary architects of the human resources of the country with software of excellence embedded creatively with the motto 'Ascend from darkness to Light' (आरोहं तमसो ज्योतिः).

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Partap College of Education is a premier institute which was established in 2000. Over the years the college has set a commendable tradition of initiative and excellence, and has grown into an institution of significant stature in the educational scenario. Various activities in and outside the classroom lead the young teachers towards sound professionalism. The inspiring force is our Motto "STRIVE, SUCCEED, SERVE". This college has been successful in setting the trends in qualitative teacher education by its innovative strategies in collaboration with national and international organizations. College has established international linkages with *IPDA, UK, ISATT, Denmark and KFU, Russia*. The college is recognized by NCTE and permanently affiliated to Panjab University, Chandigarh and accredited A-Grade by NAAC.

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